

Breakfast & Afternoon Tea Menu Term 4 – Week 7 2024



`Week	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast - Butter/Nuttalex & Jam, Honey, Vegemite or Other Spreads/Cereal with Milk - Weetbix, Rice Bubbles, Cornflakes, Fruit				
Breakfast Special					Pancakes ●
-	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	Mixed Platter (Crackers/ dip/ veggies/ Etc) Double Choc Cookies ●	Mixed Platter (Crackers/ dip/ veggies/ Etc) Tossed Chicken Salad (with pasta)	Assorted <mark>Saos</mark> (Salami/ cheese spread/ vegemite)	Mixed Platter (Crackers/ dip/ veggies/ Etc) Potato Bake ●	Assorted <mark>Sandwiches</mark> (Devon & tomato sauce/ Jam/ tuna& Mayo)
Cooking Club (CC)/ Additional Cooking notes			Peel and slice potatoes		
NOTE: Menu is subject to change due to product availability					
KEY:					
Green Dot ● = A Very Healthy Recipe Amber Dot ● = Not as Healthy as it could be, but still tasty Red Dot ● = Oh so tasty! But it's "cheat day"					

Jamboree Heights OSHC